



## Listen up, Kitten!

When you realize that there are no easy-peasy, magical “doers” in the world, and simply ask for help to reach your goals, you will be able to create a clear plan without overwhelm and guilt.

You will feel motivated and confident, and MOMENTUM will start to build in you.

You will get to finally meet your ideas full-grown.

Stop telling yourself that your ideas will never happen.

**You are a doer too!**

